

August 2018 MENU

Meadow Greens 360-354-8200

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

When possible, please give two hours notice when you have a guest visiting for a meal. Guest meals can be paid when reservations are made or billed to your apartment at time of service.

*If you would like the substitute or any kind of a menu change, please indicate in the Meal Book by **10 a.m. for lunch**, by **3 p.m. for dinner**.*

Meadow Greens cannot guarantee the availability of the requested menu item without proper notice. Published menu is dependent on availability of products.

Guest prices: Breakfast \$5; Lunch \$7; Dinner \$10; Finger Foods (Sundays) \$5. All prices include salad, beverage, entrée, dessert, tip and tax.

<p>11:30—1 pm Pot Roast 5 Mashed Potatoes, Gravy, Beets, Whole Wheat Rolls, Coconut Cream Pie Sub: Chicken Legs 4 pm Ass't Lvg Finger Foods 5 pm Ind Lvg Finger Foods ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Pancakes, Bacon, Eggs, Red Grapes 6 Dinner: Spaghetti, Garlic Bread, Broccoli/Cauliflower Mix, Ice Cream Sub: Beef Tips ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Chicken Salad Sandwich, Chicken Vegetable Soup, Honeydew Melon 7 Dinner: Crab Cakes, Potato Triangles, Vegetable, Muffins, Ice Cream Sub: Ham Steak ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Ham & Pineapple Pizza, Minestrone Soup, Watermelon 8 Dinner: B.B.Q. Pork Ribs, Baked Potatoes, Baby Carrots, W.W. Rolls, Lemon Cake Sub: Chicken Cordon Bleu ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Egg Salad Sandwich, Split Pea Soup, Apricots 9 Dinner: Pork Steaks, Ass't. Rolls, Au gratin Potatoes, Green Beans, Chocolate Pie Sub: Meatloaf ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Hot Dogs, Clam Chowder, Peaches 10 Dinner: Salmon, Roasted Potatoes, Breadsticks, Edward Blend Vegetables, Cheesecake Sub: Chicken Breast ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Salami & Cheese Sandwich, Minestrone Soup, Pineapple 4 Dinner: Cabbage Rolls, White Rolls, Red Potatoes, Cauliflower, Cheesecake with Cherries Sub: Chicken Cordon Bleu ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>
<p>11:30—1 pm Pork Roast, W.W. Rolls, Mashed Potatoes, Gravy, Green Beans, Triple Berry Bars 12 Sub: Chicken Legs 4 pm Ass't Lvg Finger Foods 5 pm Ind Lvg Finger Foods ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: B.L.T. Croissant, Italian Wedding Soup, Red Grapes 13 Dinner: Chicken Breast, Garlic Rolls, Baked Potatoes, Broccoli, Ice Cream Sub: Pork Ribs ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Waffles, Scrambled Eggs, Bacon 14 Dinner: Roast Ham, Biscuits, Au Gratin Potatoes, Beets, Blackberry Cobbler Sub: Salisbury Steaks ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Turkey Sandwich, Cream of Potato Soup, Fruit Cocktail 15 Dinner: B.B.Q. Beef Ribs, Baked Potatoes, Prince Edward Blend Vegetables, Ass't. Rolls, Strawberry Cream Cake Sub: Salmon ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: 3-Meat Pizza, Chicken Noodle Soup, Mixed Fruit 16 Dinner: Almond Chicken, Fried Rice, Ass't. Rolls, Stir-Fry Vegetables, Tapioca Pudding Sub: Beef Tips ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Sloppy Joes, Clam Chowder, Pineapple 17 Dinner: Shrimp Skewers, Roasted Red Potatoes, Garlic Bread, Asparagus, Tiramisu Cake Sub: Pork Steak ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Egg Salad Sandwich, Turkey Rice Soup, Watermelon 18 Dinner: Baked Chicken Legs, Red Potatoes, Gravy, Corn, W.W. Rolls, Ass't. Desserts Sub: Crab Cakes ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>
<p>11:30—1 pm Meatloaf, Whole Wheat Rolls, Mashed Potatoes, Carrots, Apple Pie 19 Sub: Chicken Cordon Bleu 4 pm Ass't Lvg Finger Foods 5 pm Ind Lvg Finger Foods ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Macaroni & Cheese, Tomato Soup, Watermelon 20 Dinner: Pork Steaks, Red Potatoes, Gravy, Corn, Ass't. Rolls, Butterscotch Pudding Sub: Chicken Thighs ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Pancakes, Bacon, Scrambled Eggs, Peaches 21 Dinner: Beef Ribs, Biscuits, Jo-Jo Potatoes, Prince Edward Blend Vegetables, Coconut Cream Pie Sub: Pork Steaks ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Tuna Sandwich, Vegetable Beef Soup, Cantaloupe 22 Dinner: Pork Roast, Mashed Potatoes, Asparagus, Ass't. Rolls, Lemon Cake Sub: Salisbury Steaks ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Ham & Cheese Sandwich, Cream of Cauliflower Soup, Fruit Cocktail 23 Dinner: Teriyaki Chicken, Rice Pilaf, W.W. Rolls, Steamed Broccoli/Cauliflower Mix, Ass't. Desserts Sub: Salisbury Steaks ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Chicken Strips, Clam Chowder, Pineapple 24 Dinner: Halibut, W.W. Rolls, Baked Potatoes, Asparagus, Tapioca Pudding Sub: Cordon Bleu ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Turkey Sandwich, Split Pea Soup, Fruit Cocktail 25 Dinner: Seasoned Chicken Legs, Ass't. Rolls, Mashed Potatoes, Gravy, French Cut Beans, Blackberry Cobbler Sub: Stuffed Peppers ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>
<p>11:30—1 pm Pot Roast, Ass't. Rolls, Mashed Potatoes, Gravy, Peas & Carrots, Chocolate Cream Pie 26 Sub: Chicken Legs 4 pm Ass't Lvg Finger Foods 5 pm Ind Lvg Finger Foods ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Roast Beef Sandwich, Chicken Noodle Soup, Watermelon 27 Dinner: Chicken & Dumplings, Baby Carrots, Ass't. Rolls, White Cake Sub: Pork Chops with Mashed Potatoes ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Shrimp Salad Sandwich, Cauliflower Soup, Apricots 28 Dinner: Baked Ham, Mashed Potatoes, White Rolls, Steamed Broccoli, Cheesecake Sub: Halibut ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Pepperoni & Pineapple Pizza, Vegetable Rice Soup, Pineapple 29 Dinner: Prime Rib, W.W. Rolls, Baked Potatoes, Green Beans with Bacon, Birthday Cake Sub: Salmon ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Ham & Cheese Sandwich, Cream of Tomato Soup, Honeydew Melon 30 Dinner: Sweet & Sour Chicken, Fried Rice, W.W. Rolls, Stir-Fry Vegetable, Ice Cream Sub: Beef Tips ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p>Lunch: Chicken Burger, Clam Chowder, Tropical Fruit 31 Dinner: Salmon, Roasted Red Potatoes, Baby Carrots, Ass't. Rolls, Lemon Pie Sub: Chicken Breast ASSISTED LIVING EVENING SANDWICH OR SNACK AVAILABLE</p>	<p><i>Duck Hook Bistro restaurant hours: Breakfast: 7 a.m. Lunch: 11 a.m. Dinner: 4 p.m.</i></p> <p><i>Outward Nine Restaurant hours: Breakfast: 7:30—9 a.m. Lunch: 11 a.m.—1 p.m. Dinner: 4—6 p.m.</i></p>