

August 2016 MENU

Meadow Greens 360-354-8200

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p><i>Duck Hook Bistro hours:</i> Breakfast: 7 a.m. Lunch: 11 a.m. Dinner: 4 p.m.</p> <p><i>Outward Nine Restaurant hours:</i> Breakfast: 7:30—9 a.m. Lunch: 11 a.m.—1 p.m. Dinner: 4—6 p.m.</p>	<p>Lunch: Macaroni & Cheese, Tomato Soup, Watermelon 1</p> <p>Dinner: Pork Steaks, Ass't. Rolls, Red Potatoes, Gravy, Corn, Butterscotch Pudding</p> <p>Sub: Chicken Thighs</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Quiche, Sausage Patties, Apricots 2</p> <p>Dinner: Beef Ribs, Jo-Joes, Breadsticks, Squash, Ice Cream</p> <p>Sub: Crab Cakes</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Tuna Sandwich, Vegetable Beef Soup, Cantaloupe 3</p> <p>Dinner: Roast Turkey, Stuffing, Mashed Potatoes, Gravy, Peas & Carrots, Ass't. Rolls, Pumpkin Pie</p> <p>Sub: Ham</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Ham & Cheese Sandwich, Cream of Broccoli Soup, Fruit Cocktail 4</p> <p>Dinner: Spaghetti with Meat Sauce, Baby Carrots, Beans, Garlic Bread, White Chocolate Cake</p> <p>Sub: Pork Ribs</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Hot Dogs, Clam Chowder, Pineapple 5</p> <p>Dinner: Halibut, W.W. Rolls, Baked Potatoes, Asparagus, Tapioca Pudding</p> <p>Sub: Chicken Cordon Bleu</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Turkey Sandwich, Split Pea Soup, Fruit Cocktail 6</p> <p>Dinner: Seasoned Chicken Legs, Biscuits, Mashed Potatoes, Gravy, French Cut Beans, Apple Cobbler</p> <p>Sub: Stuffed Peppers</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>
<p>11:30—1 pm Baked Ham, Ass't Rolls, Scalloped Potatoes, Peas & Carrots, Chocolate Cream Pie 7</p> <p>Sub: Cabbage Roll</p> <p>4 pm Ass't Lvg Finger Foods</p> <p>5 pm Ind Lvg Finger Foods</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Roast Beef Sandwich, Chicken Noodle Soup, Watermelon 8</p> <p>Dinner: Chicken & Dumplings, Red Potatoes, Wax Beans, Ass't. Rolls, White Cake</p> <p>Sub: Pork Chops</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Shrimp Salad Sandwich, Cauliflower Soup, Apricots 9</p> <p>Dinner: Chicken Cordon Bleu, Baked Potatoes, White Rolls, Steamed Broccoli, Cheesecake</p> <p>Sub: Halibut</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Sausage, Peppers & Pineapple Pizza, Vegetable Rice Soup, Pineapple 10</p> <p>Dinner: Beef Tips, Mashed Potatoes, W.W. Rolls, Green Beans with Bacon, Carrot Cake</p> <p>Sub: Salmon</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Ham & Cheese Sandwich, Cream of Tomato Soup, Honeydew Melon 11</p> <p>Dinner: Sweet & Sour Chicken, Fred Rice, W.W. Rolls, Stir-Fry Vegetable, Ice Cream</p> <p>Sub: Beef Tips</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Chicken Strips, Clam Chowder, Tropical Fruit 12</p> <p>Dinner: Salmon, Roasted Potatoes, Baby Carrots, Ass't. Rolls, Lemon Pie</p> <p>Sub: Chicken Breast</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Turkey Sandwich, Vegetable Beef Soup, Pears 13</p> <p>Dinner: Salisbury Steaks, White Rolls, Mashed Potatoes, Gravy, Corn, Orange Sherbet</p> <p>Sub: Ham Steak</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>
<p>11:30—1 pm Pot Roast, Gravy, Mashed Potatoes, Beets, Ass't. Rolls, White Cake 14</p> <p>Sub: Pork Chops</p> <p>4 pm Ass't Lvg Finger Foods</p> <p>5 pm Ind Lvg Finger Foods</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Ham Salad Croissant, Potato Soup, Strawberries 15</p> <p>Dinner: Sweet & Sour Pork, Rolls, Fried Rice, Mixed Vegetables, Ice Cream</p> <p>Sub: Chicken Breast</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Turkey Sandwich, Cream of Tomato Rice Soup, Fruit Cocktail 16</p> <p>Dinner: Spaghetti, Garlic Bread, Squash, Boston Crème Pie</p> <p>Sub: Chicken and Dumplings</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Pancakes, Scrambled Eggs, Sausage Patties, Orange Sections 17</p> <p>Dinner: Chicken Breast, Ass't Rolls, Baked Potato, Green Beans, Cake</p> <p>Sub: Salmon</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Macaroni & Cheese, Minestrone Soup, Watermelon 18</p> <p>Dinner: Ham, Potato Casserole, Cauliflower, White Rolls</p> <p>Sub: Chicken Thighs</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Cheeseburgers, Clam Chowder, Red Grapes 19</p> <p>Dinner: Salmon, Baked Potatoes, Whole Wheat Rolls, Broccoli, Cheesecake</p> <p>Sub: Salisbury Steak</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Egg Salad Sandwich, Vegetable Beef Soup, Tropical Fruit 20</p> <p>Dinner: Meatballs, Ass't Rolls, Potato Wedges, Gravy, Creamed Corn, Eclairs</p> <p>Sub: Ham Steak</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>
<p>11:30—1 pm Pork Roast, Whole Wheat Rolls, Mashed Potatoes, Gravy, Mixed Vegetables, Pumpkin Pie 21</p> <p>Sub: Chicken Legs</p> <p>4 pm Ass't Lvg Finger Foods</p> <p>5 pm Ind Lvg Finger Foods</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Hot Dogs, Chicken Noodle Soup, Watermelon 22</p> <p>Sub: Chili</p> <p>Dinner: Spaghetti with Meat Sauce, Corn, Ice Cream</p> <p>Sub: Chicken and Dumplings</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Ham & Pineapple Sandwich, Split Pea Soup, Strawberries 23</p> <p>Dinner: Tuscany Italian Chicken, Rice Pilaf, Ass't. Rolls, Stir-Fry Vegetables, Ass't. Desserts</p> <p>Sub: Beef Tips</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Turkey-Berry Croissant, Vegetable Beef Soup, Pears 24</p> <p>Dinner: Beef Stroganoff, Green Beans with Bacon, Ass't. Rolls, Dutch Apple Pie</p> <p>Sub: Salmon</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Sloppy Joes, Minestrone Soup, Mandarin Oranges 25</p> <p>Dinner: Smoked Pork Ribs, Corn Muffins, Potato Pancakes, Corn-on-the-Cob, Ice Cream Cones</p> <p>Sub: Chicken Thighs</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Chicken Salad Sandwich, Clam Chowder, Apricots 26</p> <p>Dinner: Halibut, W.W. Rolls, Baked Potatoes, Asparagus, Chocolate Mint Pie</p> <p>Sub: Beef Ribs</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Roast Beef Sandwich, Tomato Rice Soup, Cantaloupe 27</p> <p>Dinner: Breaded Chicken, Ass't. Rolls, Mashed Potatoes, Gravy, Broccoli, Rice Pudding</p> <p>Sub: Meatloaf</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>
<p>11:30—1 pm Roast Ham, White Rolls, Scalloped Potatoes, Gravy, Peas & Carrots, Carrot Cake 28</p> <p>Sub: Salisbury Steak</p> <p>4 pm Ass't Lvg Finger Foods</p> <p>5 pm Ind Lvg Finger Foods</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Macaroni & Cheese, Vegetable Rice Soup, Diced Pears 29</p> <p>Dinner: Chicken Legs, Ass't. Rolls, Red Potatoes, Gravy, Wax Beans, Vanilla Pudding</p> <p>Sub: Hot Dogs</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Tuna Melt, Italian Wedding Soup, Watermelon 30</p> <p>Dinner: Seafood Fettuccini, Mixed Vegetables, Garlic Bread, Ice Cream</p> <p>Sub: Ham Steak</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p>Lunch: Turkey Sandwich, Tomato Soup, Red Grapes 31</p> <p>Dinner: Prime Rib, Garlic Mashed Potatoes, Gravy, Asparagus, Birthday Cake</p> <p>Sub: Chicken Cordon Bleu</p> <p>A/L EVENING SANDW/SNACK AVAIL.</p>	<p><i>If you are inviting a guest, please give two hours notice. Guest meals can be paid when reservations are made or billed to your apartment at time of service. Guest prices: Breakfast \$5.00; Lunch \$7.00; Dinner \$10.00; Finger Foods (Sundays) \$5.00; all prices include salad, beverage, entrée, dessert, tip and tax.</i></p> <p><i>If you would like the substitute or any kind of a menu change, please indicate in the Meal Book by 10 a.m. for lunch, by 3 p.m. for dinner. Meadow Greens cannot guarantee the availability of the requested menu item without proper notice. Published menu is dependent on availability of products.</i></p>		